

COMPANION GUIDE

Stones, Sachets & Stories

The playful side of plant keeping: stones people like to set beside each plant, a sachet or tea idea, and the spirit tradition has given it. Enjoy as culture and craft.

PLANT	COMPANION STONES	SACHET OR TEA IDEA	FOLKLORE	SPIRIT PEOPLE ATTRIBUTE
Monstera	Green aventurine, moss agate	Not for tea (toxic). Sachet: dried bay and cedar in a muslin bag by the pot	A 'Swiss cheese' leaf was said to let storms pass through without harm	Bold, expansive, generous
Pothos	Jade, clear quartz	Not for tea. Companion herb: mint in a nearby pot for a fresh room	Called devil's ivy because it stays green even in the dark	Persistent, easygoing, loyal
Snake plant	Black tourmaline, hematite	Not for tea. Sachet: rosemary and juniper for a 'guardian' scent	Placed at doorways in parts of Africa and Asia as a protector	Steadfast, protective, upright
Fiddle leaf fig	Tiger's eye, citrine	Not for tea. Companion: lemon balm tea while you sit beside it	Figs are among the oldest cultivated plants; a symbol of abundance	Proud, sensitive, statuesque
Philodendron	Rose quartz, amazonite	Not for tea. Sachet: dried rose petals and lavender	Name means 'tree lover' for the way it embraces its host	Affectionate, adaptable
Spider plant	Selenite, moonstone	Non-toxic; leaves are not a tea plant. Companion: chamomile tea	Given to new households for good luck and 'many children'	Nurturing, prolific, cheerful
ZZ plant	Pyrite, smoky quartz	Not for tea (toxic). Sachet: cinnamon stick and clove	Nicknamed the fortune tree in several cultures	Patient, unbothered, enduring
Peace lily	White howlite, selenite	Not for tea (toxic). Companion: linden or chamomile tea	A common sympathy gift; white spathe read as a flag of peace	Calm, forgiving, quietly honest
Moth orchid	Amethyst, rose quartz	Not a tea plant. Sachet: dried jasmine and orange peel	In Chinese tradition a symbol of refinement, friendship and many children	Graceful, discerning, resilient beneath delicacy
Aloe	Carnelian, sunstone	Gel is a traditional topical soother for minor burns; do not drink homemade preparations	Hung over doors for protection; carried by travelers for luck	Healing, sun-loving, self-contained

Most aroids (monstera, pothos, philodendron, ZZ, peace lily) contain calcium oxalate and are toxic if chewed. Keep them from children and pets. Nothing on this page is medical advice.